

**Behavioral Health Providers**

La Plata County

<b>Blackmer, Elaine x</b>	Licensed Behavioral Health Clinician	CHP+:
(P) 970-385-9850	<b>Clients:</b> Adolescent, Adult, and Elders	New Patients?: **
Mercy Family Medicine Three Springs 1 Mercado Street Suite 160 Durango, CO 81301	<b>Specialties:</b> Counseling, Anxiety Disorders, & Women's Counseling	<b>Medicaid:</b> Yes
	<b>Types of Therapy:</b> Cognitive Behavioral skills, Dialectical Behavior Therapy, Person-Centered Therapy and Psycho-education, to facilitate change in a culturally sensitive, nonjudgmental, and collaborative manner. Individual and group settings	** Only sees patients with internal referral at Mercy Family Medicine (established patient).

<b>Wolf, Flow x</b>	Licensed Behavioral Health Clinician/Clinical Social Worker	CHP+:
(P) 970-764-1790	<b>Clients:</b>	New Patients?: **
Mercy Family Medicine Horse Gulch 810 E. 3 <sup>rd</sup> Street, Unit 201 Durango, CO 81301 Contact: Ashley 970-764-2813	<b>Specialties:</b> Counseling	<b>Medicaid:</b> Yes
	<b>Types of Therapy:</b>	** Only sees patients with internal referral at Mercy Family Medicine (established patient).

<b>Glueck, Courtney x</b>	Licensed Psychologist	CHP+: Yes
(P) 720-387-8458	<b>Clients:</b> Preteen, Adolescents, Adult (Individual, Couple, Family)	New Patients?: Yes*
<a href="#">Metis Center</a> For Psychological Services 1099 Main Ave., Suite 320 Durango, CO 81301	<b>Specialties:</b> Anxiety, Depression, ADHD, Anger Management, Career Counseling, Coping Skills, Divorce, Emotional Disturbance, Family Conflict, Grief, Intellectual Disability, Learning Disabilities, Life Transitions, Oppositional Defiance, Parenting, Peer Relationships, Relationship Issues, School Issues, Self Esteem, Self-Harming, Stress, Suicidal Ideation, Testing and Evaluation, Trauma and PTSD, Women's Issues, Impulse Control Disorders, Mood Disorders, LGBTQ	<b>Medicaid:</b> Yes
	<b>Types of Therapy:</b> Acceptance and Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), Compassion Focused, Culturally Sensitive, Emotionally Focused, Family/Marital, Family Systems, Humanistic, Integrative, Mindfulness-based (MBCT), Person-Centered, Psychological Testing and Evaluation, Solution Focused Brief (SFBT), Strength-Based, Trauma Focused	*New Patients will be put on a waitlist, as the office adds another clinician in the Fall 2019.

<b>Powell, Eric x</b>	Licensed Psychologist - Clinical	CHP+:
(P) 970-259-4048	<b>Clients:</b> Children, Adolescent, Adults – Individuals and Families	New Patients?:
813 Main Avenue Suite 205 Durango, CO 81301	<b>Specialties:</b> Depression, Anxiety, ADHD/ADD, Oppositional Defiance Disorder	<b>Medicaid:</b> Yes
	<b>Types of Therapy:</b> Comprehensive Psychological Evaluation, Cognitive Behavioral Therapy, Play Therapy	

<b>Niles, Katherine x</b>	Licensed Behavioral Health Clinician/Clinical Social Worker	CHP+:
(P) 970-840-2047	<b>Clients:</b> Preteen, Adolescents, Adults	New Patients?:
765 E College Drive, Suite 2 Durango, CO 81301	<b>Specialties:</b> Trauma, PTSD, Relationship Issues, ADHD, Anger Management, Behavioral Issues, Borderline Personality, Codependency, Depression, Domestic Violence, Emotional Disturbance, Family Conflict, Parenting, Peer Relationships, Self Esteem, Self-harming, Sexual Abuse, Sexual Addiction, Spirituality, Substance Abuse, Suicidal Ideation, Teen Violence, Dissociative Disorders, Impulse Control Disorders, Mood Disorders <b>Types of Therapy:</b> Dialectical Behavior Therapy (DBT), EMDR, Motivational Interviewing, Trauma Focused Cognitive Behavioral Therapy, Mindfulness-based (MBCT), Psychodynamic, Family Systems, Interpersonal and Transpersonal, Humanistic, Jungian	Medicaid: Yes

<b>Spiegel, Kristin x</b>	Licensed Behavioral Health Clinician/Clinical Social Worker	CHP+:
(P) 970-749-6139	<b>Clients:</b> Children, Adolescents, and Families	New Patients?:
<a href="http://www.kristinspiegel.com/">http://www.kristinspiegel.com/</a> 270 E 8 <sup>th</sup> Ave, Suite 201 Durango, CO 81301	<b>Specialties:</b> Individual and family therapy (Parenting class, Family therapy, Individual child therapy, and Individual adult therapy) <b>Types of Therapy:</b> Play Therapy, Family Therapy – Filial Approach, Individual Child Therapy – Child Centered Play Therapy, Individual Adult Therapy – Hakomi method	Medicaid: Yes

<b>Sullivan, Ryan x</b>	Licensed Behavioral Health Clinician/Counselor	CHP+:
(P) 207-518-7716	<b>Clients:</b> Children, Adolescents, and Adults	New Patients?: Yes
<a href="http://www.panvedacounseling.com">www.panvedacounseling.com</a> 72 Suttle Street, Suite M Durango, CO 81301	<b>Specialties:</b> Life Transitions, Addiction, Anxiety and Depression, ADHD, Trauma and PTSD, Adoption Issues, Anger Management, Behavioral Issues, Dual Diagnosis, Family Conflict, Parenting, Grief, Relationship Issues, School Issues, Self-Esteem, Spirituality, Codependency, Divorce, Oppositional Defiance, Sexuality, Mental Health, Failure to Launch, Chronic Impulsivity <b>Types of Therapy:</b> Nature-Based/Wilderness Therapy	Medicaid: Yes

<b>Mackenzie, Liv x</b>	Licensed Behavioral Health Clinician/Counselor	CHP+:
(P) 970-259-4497	<b>Clients:</b> Preteens, Adolescents, Adults, Elders, Prenatal/Post Pregnancy	New Patients?: Yes
<a href="https://www.counselordurango.com/">https://www.counselordurango.com/</a> 100 Jenkins Ranch Road Suite E1 Durango, CO 81301	<b>Specialties:</b> Pregnancy, Prenatal, Postpartum, Adoption, Mood Disorders, Anxiety, Codependency, Coping Skills, Depression, Divorce, Dual Diagnosis, Emotional Disturbance, Fertility Issues, Grief, Infertility, Internet Addiction, Life Transitions, Parenting, Peer Relationships, Relationship Issues, School Issues, Self Esteem, Self-Harming, Sleep/Insomnia, Spirituality, Stress, Trauma and PTSD, Women's Issues, Impulse Control Disorders, Psychosis, Thinking Disorders <b>Types of Therapy:</b> Cognitive Behavioral Therapy (CBT), EMDR, Mindfulness-based (MBCT), Compassion focused, Coaching, Culturally Sensitive, Person-Centered, Solution Focused Brief Therapy (SFBT), Somatic, Strength-based, Trauma Focused	Medicaid: Yes

<b>Horne Wallis, Melissa x</b>	Licensed Psychologist/Counseling	CHP+:
(P) 720-387-8458	<b>Clients:</b> Preteen, Adolescents, Adults – Individual, Couples, Families	New Patients?: Yes
<a href="https://www.boulderpsychologist.net/">https://www.boulderpsychologist.net/</a> 1099 Main Ave., Suite 320 Durango, CO 81301	<b>Specialties:</b> Depression, Relationship Issues, ADHD, Anger Management, Anxiety, Behavioral Issues, Bipolar Disorder, Career Counseling, Chronic Impulsivity, Chronic Pain, Coping Skills, Divorce, Emotional Disturbance, Family Conflict, Infertility, Infidelity, Intellectual Disability, Learning Disabilities, Life Transitions, Marital and Premarital, Peer Relationships, School Issues, Self Esteem, Sexual Abuse, Sleep/Insomnia, Stress, Teen Violence, Testing and Evaluation, Transgender, Trauma and PTSD, Women's Issues, Impulse Control Disorders, Mood Disorders <b>Types of Therapy:</b> Cognitive Behavioral Therapy (CBT), Emotionally Focused, Existential, Gestalt, Humanistic, Interpersonal, Psychological Testing and Evaluation, Strength-Based	Medicaid: Yes

<b>Hunt, Sara x</b>	Licensed Behavioral Health Clinician/Certified Addictions Counselor III	CHP+:
(P) 970-422-3830	<b>Clients:</b> Teens and Adults	New Patients?: Yes
<a href="http://www.riversagecounseling.com/sara-hunt.htm">http://www.riversagecounseling.com/sara-hunt.htm</a> 765 E. College Drive, Suite 2 Durango, CO 81301	<b>Specialties:</b> Addition, Depression, Anxiety, Co-Occurring Disorders, Grief <b>Types of Therapy:</b> Cognitive Behavioral Therapy (CBT), Motivational Interviewing, EMDR, Relapse Prevention, Dialectical Behavioral Therapy, and Mindfulness	Medicaid: Yes

<b>Hein, Sean x</b>	Licensed Behavioral Health Clinician	CHP+:
(P) 970-946-8074 (P) 970-446-1160	<b>Clients:</b> Adolescent(14+) and Adult – Individual and Families	New Patients?: No
270 E. 8 <sup>th</sup> Avenue Suite 204 Durango, CO 81301	<b>Specialties:</b> Anxiety, Borderline Personality, Self-harming, substance abuse (Addiction, Bipolar Disorder, Child or Adolescent, Depression, Dual Diagnosis, Family Conflict, Peer Relationships, Substance Abuse, Trauma and PTSD) <b>Types of Therapy:</b> Cognitive Behavioral (CBT), Dialectical (DBT), Strength-Based, Structural Family Therapy	Medicaid: Yes

<b>Hall, Stephanie x</b>	Licensed Behavioral Health Clinician/Clinical Social Worker	CHP+:
(P) 970-799-0053	<b>Clients:</b>	New Patients?:
101 E. 31 <sup>st</sup> Street Suite B Durango, CO 81301	<b>Specialties:</b>	Medicaid: Yes
	<b>Types of Therapy:</b>	

<b>Stucka-Benally, Jennifer x</b>	Licensed Behavioral Health Clinician/Psychologist	CHP+:
(P) 970-759-3180	<b>Clients:</b> Children, Preteens, Teens, Adults – Individuals, couples, families	New Patients?:
1911 Main Avenue, Suite 260 Durango, CO 81301	<b>Specialties:</b> Depression, Suicidal Ideation, Anxiety, ADHD, Adoption, Domestic Violence, Family Conflict, Peer Relationships, Self Esteem, Self-Harming, Transgender, LGBTQ, Trauma and PTSD, HIV/AIDS <b>Types of Therapy:</b> Acceptance and Commitment Therapy, Art Therapy, Attachment-Based, Coaching, Cognitive Behavioral (CBT), Dialectical (DBT), Emotionally Focused, Expressive Arts, Family Systems, Mindfulness-Based (MBCT), Motivational Interviewing, Person-Centered, Play Therapy, Solution Focused Brief (SFBT), Somatic/Somatic Experiencing, Trauma Focused, Emotional Freedom Technique	Medicaid: Yes

<b>Jackson, Tara x</b>	Licensed Behavioral Health Clinician/Counselor	CHP+:
(P) 970-799-0765 <a href="http://www.tarajacksoncounseling.com">www.tarajacksoncounseling.com</a>	<b>Clients:</b> Children, Adolescents, Adults – Individuals, families	New Patients?: NO
1911 Main Avenue, Suite 248 Durango, CO 81301	<b>Specialties:</b> Depression,, Anxiety, ADHD, Adoption, Domestic Violence, Family Conflict, Peer Relationships, Self Esteem, Transgender, LGBTQ, Trauma and PTSD. School based therapy and family dynamics. <b>Types of Therapy:</b> Synergetic Play therapy, mindfulness-based (MBCT), Emotional freedom technique (EFT), Dialectical behavioral Therapy (DBT), parenting coach, wellness coach, and holistic.	Medicaid: Yes

<b>Shaw, Leann x</b>	Licensed Behavioral Health Clinician/Counselor	CHP+:
(P) 970-903-4607 *Personal Cell Office: 970-375-0100	<b>Clients:</b> Children, Adolescents, Adults, Elders	New Patients?: NO
1911 Main Avenue, Suite 248 Durango, CO 81301 Integrated Behavioral Health of Pediatric Partners of Southwest <a href="https://www.ppswdurango.com/integrated-behavioral-health">https://www.ppswdurango.com/integrated-behavioral-health</a>	<b>Specialties:</b> Coping Skills, Spirituality, Relationship Issues, Anxiety, Depression, Eating Disorders, Emotional Disturbance, Family Conflict, Grief, Marital and Premarital, Obsessive-Compulsive, Self-Harming, Stress, Suicidal Ideation, Trauma and PTSD, Impulse Control Disorders, Mood Disorders, Thinking Disorders. Marriage and Family Therapist <b>Types of Therapy:</b> Christian Counseling, Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), EMDR, Family/Marital, Solution Focused Brief (SFBT), Structural Family Therapy, Trauma Focused., Certified in Crisis Debriefing (CISM), Certified EMDR and CBT therapist.	Medicaid: Yes

<b>Pytte, Katherine x</b>	Licensed Behavioral Health Clinician/Psychologist/School Counselor	CHP+:
(P) 970-903-4769 <a href="http://www.katpytte.com/">http://www.katpytte.com/</a>	<b>Clients:</b> Children, Adolescents, families.	New Patients?: Yes
2243 Main Avenue Suite 4C Durango, CO81301	<b>Specialties:</b> Depression, Anxiety, School Related Issues, Learning Difficulties/Executive Functioning, Social Skills Training, Physical and Sexual Victimization, Trauma, Attachment Issues, ADHD/ADD, Study Skills Training, Stress from Divorce, Parent Education, Life Transitions	Medicaid: Yes

	<b>Types of Therapy:</b> Cognitive Behavioral Therapy (CBT), Solution Focused Therapy, Play Therapy, Psycho Educational Skills Based Therapy, EMDR	
--	--	--

<b>Lowry, Erin</b> x	Licensed Behavioral Health Clinician/Psychologist/Author	CHP+
(P): 970-335-2288 <a href="https://brokemillennial.com/about/">https://brokemillennial.com/about/</a>	Clients:	New Patients? <b>NO</b>
1970 E. 3 <sup>rd</sup> Avenue Unit 1 Durango, CO 81301	Specialties:	<b>Medicaid:</b>
	Types of Therapy:	

**Shelley Millsap** – Licensed Behavioral Health Clinician/Psychologist

1970 E 3<sup>rd</sup> Ave, Unit 1 – Durango, CO 81301

(970) 335-2288

Accepting New Patients: No

Clients: Children, Adolescents, Adults – Individual, Family Coaching

Specialties:

- Adolescent Issues, Depression, Anxiety, Grief and Loss, Trauma Related Issues, Parenting Skills

Therapy Types

- Individual Youth and Family coaching, Trauma-Focused Cognitive Behavioral Therapy, Dialectical Behavioral Therapy (DBT), EMDR

**Julie Kostuch** – Licensed Behavioral Health Clinician/Counselor

128 W 14<sup>th</sup> Street, Suite 201b – Durango, CO 81301

(970) 799-0807

Accepting New Patients: Yes

Clients: Children, Adolescents, Young Adults, Families

Specialties:

- Grief, Anxiety, Trauma

Therapy Types:

- Body-Based Healing Modalities , Play Therapy

**Melinda Jameson** – Licensed Behavioral Health Clinician/Counselor

128 W 14<sup>th</sup> Street – Durango, CO 81301

(970) 247-1444

Accepting New Patients: no

Clients: Adolescents and Adults – Individual, Couples, Families

Specialties:

- Family Conflict, Parenting, Marriage Issues, Relationship Issues, Grief and Bereavement, PTSD and Trauma

Types of Therapy:

- Cognitive Behavioral Therapy (CBT), Counseling

**Bruce Blanchard** – Licensed Psychologist/Psychotherapy

128 W 14<sup>th</sup> Street Suite 202 – Durango, CO 81301

(970) 946-3486

Accepting New Patients: Yes

Clients: Children, Adolescents, Adults – Individual, Couples, Families

Specialties:

- ADHD, Autism Spectrum Disorders, Grief and Bereavement, PTSD, Depression, Anxiety, Marital Issues, Family Conflict

Types of Therapy:

- Cognitive Behavioral Therapy, Counseling

**Margery Runyan** – Licensed Behavioral Health Clinician/Clinical Social Worker (in Florida until?)

351 Cherry Gulch Road – Durango, CO 81301

(970) 946-0992, [www.margeryrunyan.com](http://www.margeryrunyan.com)

Accepting New Patients: No

Clients: Children, Adolescents, Adults, Elders – Individual, Couples, Families

Specialties:

- Emotional Disturbance, Family Conflict, Substance Abuse, Bipolar Disorder, Chronic pain, Chronic Relapse, Codependency, Depression, Domestic Abuse/Violence, Dual Diagnosis, Gambling, Grief, Infidelity, Obesity, Parenting, Relationship Issues, Sexual Abuse, Sexual Addiction, Sleep/Insomnia, Spirituality, Stress, Transgender, Trauma and PTSD, Weight Loss, Women's Issues, Twin Issues, Dissociative Disorders, Elderly Persons Disorders, Impulse Control Disorders, Mood Disorders, Personality Disorders, Thinking Disorders, Cancer, HIV/AIDS

Types of Therapy:

- Attachment- Based, Existential, Family/Marital, Family Systems, Gottman Method, Hypnotherapy, Jungian, Mindfulness-Based (MBCT), Motivational Interviewing, Narrative, Psychodynamic, Qi Gong, Solution Focused Brief (SFBT), Somatic, Trauma Focused, traditional Chinese medicine

**Sandra Eisemann** – Licensed Psychologist/Clinical Psychiatry

2530 Colorado Avenue – Durango, CO 81301

(970)-403-4223

Accepting New Patients: No, [www.mountainmentalhealthclinic.com](http://www.mountainmentalhealthclinic.com)

Clients: Children, Adolescents, Adults – Individual, Couples, Families

Specialties:

- ADHD/ADD, Depression, Bipolar Disorder, Anxiety, Selective Mutism, Spectrum Disorders, Developmental Delays, Crisis Intervention

Types of Therapy:

- Medication, Testing and Evaluation, Achievement and Memory, Cognitive Behavioral Therapy (CBT)

**John Ragsdale** – Licensed Psychologist/Counseling

2877 Main Ave – Durango, CO 81301

(970) 247-2451

Accepting New Patients: Yes, ADA Compliant: Yes

Clients:

Specialties:

Types of Therapy:

Bayfield:

Alison Rhodes – Licensed Behavioral Health Clinician/Counselor

15 W. Mill Street, Suite 217 – Bayfield, CO 8122

(970) 946-0984, [www.alisonrhodescounseling.com](http://www.alisonrhodescounseling.com)

Accepting New Patients: Yes

Clients: Preteens and Adolescents (11-19) – Individuals and Families

Specialties:

- ADHD, Adoption, Substance Abuse, Anger Management, Anxiety and Depression, Body Image, Chronic Impulsivity, Codependency, Divorce, Domestic Abuse and Violence, Eating Disorders, Family Conflict, Grief, Learning Disabilities, Life Transitions, Obesity, Oppositional Defiance, Parenting, Peer Relationships, Pregnancy/Prenatal/Postpartum, Racial Identity, School Issues, Self-Harming, Sexual Abuse, Sleep/Insomnia, Spirituality, Suicidal Ideation, Teen Violence, Trauma and PTSD, Video Game Addiction, Weight Loss, Women's Issues, Impulse Control Disorders, Mood Disorders, Personality Disorders, Thinking Disorders

Types of Therapy

- Cognitive Behavioral Therapy (CBT), Person-Centered, Solution Focused Brief (SFBT), Strength Based

Ignacio:

Mary Young – Licensed Clinical Psychologist

123 Weeminuche – Ignacio, CO 81137

(970) 563- 2353

Accepting New Patients: No

Mark Fallon-Cyr – Licensed Psychologist

123 Weeminuche Ave – Ignacio, CO 81137

(970) 463-2351

Accepting New Patients: No

Jessaca Cassady – Licensed Behavioral Health Clinician/Clinical Social Worker

115 Ute Drive – Ignacio, CO 81137

(970) 903-3354, [www.claritycounseling.solutions](http://www.claritycounseling.solutions)

Accepting New Patients: Yes, ADA Compliant: Yes

Clients: Children (6+), Adolescents, Adults – Individual, Marriage/Couples Therapy, Family Therapy, Workshops and Groups

Types of Therapy:

- Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Motivational Interviewing, Christian Counseling

Pagosa Springs:

# SAN JUAN BASIN public health

281 Sawyer Drive | Ste. 300

Durango, CO 81303

970 247 5702 | [sjbpublichealth.org](http://sjbpublichealth.org)

Joshua Bramble – Licensed Behavioral Health Clinician/Counselor x

95 S. Pagosa Blvd. – Pagosa Springs, CO 81147

(970) 731-3700

Accepting New Patients: Yes

Clients: Children, Adolescents, Adults

Kevin Kelly – Licensed Psychologist x

95 S. Pagosa Blvd. – Pagosa Springs, CO 81147

(970) 731-3700

Accepting New Patients: Yes, ADA Compliant: Yes

Therapy Types:

- Cognitive Behavioral Therapy (CBT)

Celia Lowry, MSW-LCSW x

95 S. Pagosa Blvd – Pagosa Springs, CO

(970) 731-3700

Stacey Foss – Licensed Behavioral Health Clinician/Counselor x

2800 Cornerstone Drive, Suite 207 – Pagosa Springs, CO 81147

(970) 570-5238

Accepting New Patients: Yes

Specialties:

- Addiction, Substance Use Disorder

Codie Wilson – Licensed Behavior Health Clinician/Psychologist x

56 Talisman Drive – Pagosa Springs, CO 81147

Accepting New Patients: Yes