



EasyCare
COLORADO

THERE'S A THERAPIST BY YOUR SIDE

As a Member of Rocky Mountain Health Plans, you can chat with a therapist from any phone or computer 9 a.m. - 5 p.m., Monday through Friday.

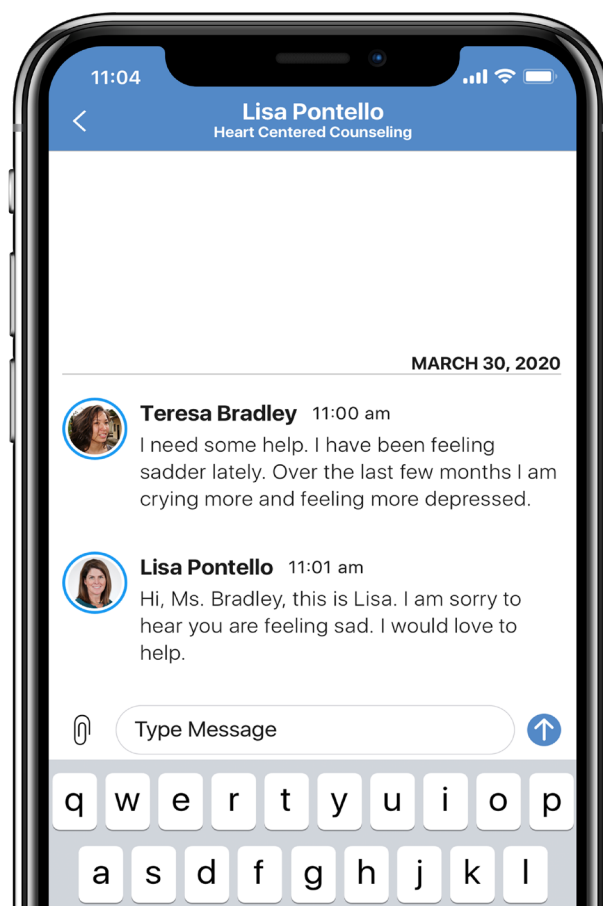


Feeling blue? Not sure where to go to get care? No matter what your issue is, therapists are there to help, when you need them.

TEXT WITH A THERAPIST TODAY IN 3 EASY STEPS

1. Download the EasyCare Colorado app or visit easycareco.com/carenow
2. Register with your name, birthday and zip code
3. Open CareNow, choose the *Chat with a Therapist* option and simply write "hi"

Download the EasyCare Colorado app and sign up for CareNow today.



Learn more at easycareco.com/carenow.

Available to Rocky Mountain Health Plans regional organization (RAE), Prime, CHP+ and Medicare Members.